



Warren B. Wright

Dissertation Defense
College of Education
Counselor Education
PhD, Counselor Education

**The Burdens We Carry: A Transcendental
Phenomenological Exploration of Black
Professional Counselors Working With Clients Who
Experienced Racial Trauma**

This qualitative study utilized Critical Race Theory (CRT) and Black Critical Theory (BlackCrit) as a framework to explore the experiences of 10 Black professional counselors addressing racial trauma in counseling. This study identified five main themes: Bearing Witness, Collective Woundedness, Barriers and Challenges, Healing-Focused Approaches, and Counselor Preparation and Development. The researcher will discuss implications for the counseling profession, counselor education, and suggestions for future research.

Event Information

October 11, 2023
10 am CST
Zoom Meeting ID: 841
2309 7098

Committee Members

Dr. Yvonne Garza-Chaves
Dr. Demetrius Cofield
Dr. Chi-Sing Li



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